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IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re: Suzanne Dawn Brown :
: Group Art Unit
Serial No.: 09/768,924 : 3764
: Filed: January 24, 2001 :
: Examiner:
For: EXERCISING AND SPORTS : Lori Bake Amerson
CONDITIONING MAT :
: Tel: 703-306-5576
:

SUBMISSION OF AMENDED CLAIMS PREPARED
IN ACCORDANCE WITH RULE 121 (C) (1) (i)

1 (Twice Amended) . An exercising and sports conditioning mat which assists in correct performance of exercise routines to contribute toward maximizing their benefit while minimizing the likelihood of injury because of the impact of landing after jumping comprising:

a plurality of layers,

means for connecting said layers to each other to define a stack of three layers,

the uppermost layer in said stack of layers including a top surface on which the exercising and sports conditioning is performed,

the intermediate layer being comprised of material that will absorb the impact of a jump and thereby minimize the likelihood of injury,

hereby certify that this correspondence is being deposited with the United States Postal Service as first class mail in an envelope addressed to: Commissioner of Patents and Trademarks, Washington, D. C. 20231, on September 27, 2002
Margaret Termini

the bottom layer having a bottom surface, said bottom layer being substantially the same size as said intermediate layer and being connected to said intermediate layer by a hot melt adhesive,

said bottom surface resists sliding on the surface which supports said mat so that said mat will not slide from under an exerciser who will otherwise fall and risk serious injury, and

a plurality of indicia on said top surface, said indicia defining a plurality of locations for foot placement before and after jumping routines in exercising and sport conditioning.

6(Twice Amended). The mat described in claim 1 wherein

said plurality of indicia on said top surface define inner and outer rectangular polygons,

the distance across said outer rectangular polygon in at least one direction is about eighteen inches, and

the distance between said inner and outer rectangular polygons is about the width of the foot of an exerciser.

26(Amended). The mat described in claim 1 including a hot melt adhesive for connecting said layer of shock absorbing material to said top layer.

36 (Amended). First and second exercising and sports conditioning mats which assist in instructing and demonstrating the correct performance of exercise routines to contribute toward maximizing their benefit while minimizing the likelihood of injury because of the impact of landing after jumping wherein:

each of said mats comprises a plurality of layers,
means for connecting said layers to each other to define a stack of layers,

the uppermost layer in said stack of layers including a top surface on which the exercising and sports conditioning is performed,

an intermediate layer comprised of material that will absorb the impact of a jump and thereby minimize the likelihood of injury,

both of said mats include a front end and a rear end,
a rectangular polygon on each of said mats,

first and second identical pluralities of mutually distinctive components, one of said pluralities being on said top surface each of said mats for defining locations on each mat for foot placement before and after jumping routines in exercising and sport conditioning,

some of said components in one of said pluralities being at said rear end of one of said mats, and said identical components being at said front end of said other mat, and

the rest of said components in said one plurality being at said front end of said one mat, and said identical components are at said rear end of said other mat,

said mats being arranged so that the front ends of each mat are facing each other and the rear ends of each of said mats are facing away from each other so that exercisers can face each other and match their foot movements while exercising.

37(Amended). An exercising and sports conditioning mat which assists in correct performance of exercise routines to contribute toward maximizing their benefit while minimizing their likelihood of injury because of the impact of landing after jumping wherein:

said mat is between about 1/30 and one half inch thick, weighs about 4.5 to 5.5 pounds and is about 42 inches wide by about 42 inches long,

said mat being comprised of three layers that are connected to each other to define a stack of layers,

the uppermost layer in said stack of layers including a top surface on which the exercising and sports conditioning is performed, said top surface being comprised of a material that facilitates exercises including the actions of pivoting, jumping, sliding and running,

an intermediate layer comprised of material that will absorb the impact of a jump and thereby minimize the likelihood of injury,

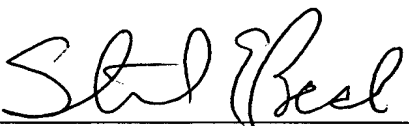
said exercising and sports conditioning being performed on said top surface, and

indicia on said top surface for defining a plurality of locations for foot placement before and after jumping routines in exercising and sport conditioning, and

a bottom layer, said bottom layer having a bottom surface that resists sliding on the surface which supports said mat so that said mat will not slide from under an exerciser who will otherwise fall and risk serious injury, said bottom layer being substantially the same size as said intermediate layer and being connected to said intermediate layer by a hot melt adhesive.

Respectfully submitted

SUZANNE DAWN BROWN

By 
Stuart E. Beck
Reg. No. 24,568

STUART E. BECK, P.C.
Suite 601
One Penn Center
Philadelphia, PA 19103

Tel: 215-568-6000
Fax: 215-568-0403